

Carpark or Bikepark? Saturday, 20th September 10am-12 noon

Positive advocacy group Healthy Transport Hobart is putting on a car park celebration of bicycle transport this Saturday. All road users are invited to come down, enjoy some fresh fruit, a coffee and a variety of newspapers. Anyone can make use of the complementary valet bike parking and show Hobart 's support for healthy, sustainable transport options.

The group will be occupying two car parks just north of the Elisabeth St Mall from 10am – 12 noon on Saturday 20th September.

Healthy Transport Hobart (HTH) is a recently formed group of concerned students who seek to promote cycling as a healthy, sustainable and alternative mode of transport.

HTH advocates that cycling can help improve society by reducing stress on the health care system through improved fitness; reduce traffic congestion and demands on infrastructure; and help to create a sustainable environment through greatly reduced carbon emissions.

The group would like to congratulate the Hobart City Council on recently announced new bike lanes for Argyle and Campbell Streets. They look forward to future support for developments by all tiers of government to help make cycling a safer and easier option for all members of society.

Nursing student and group member Liam Correy said “I am continually amazed by the benefits cycling brings to myself, and I support creating an environment that encourages people to access such valuable health, financial and social outcomes”.

The group would like more people to be aware that:

- Cycling for 30 mins each day reduces the risk of Cardiovascular disease, Diabetes and Obesity by 50% - WHO.
- Congestion costs the Australian economy \$21 billion each year – Bureau of Transport & Regional economics.
- Cycling as transport has zero green house gas emissions.

Any Queries please contact tassiecyclists08@yahoo.com.au